



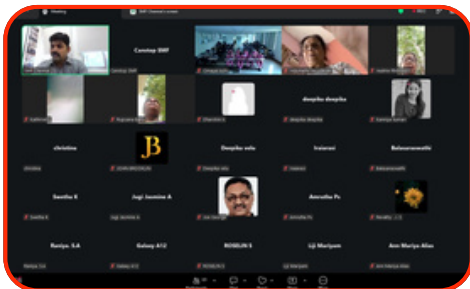
**Sundaram
Medical
Foundation**

DR. RANGARAJAN MEMORIAL HOSPITAL



JUNE 2026

Community Service Department Monthly Report



FREE MEDICAL CAMP @ YEIN UDAAN



A medical camp was organized on Saturday, 13 June 2026, at Yein Udaan NGO, Chetpet, Chennai, from 10:00 AM to 1:00 PM. The camp benefited 80 individuals, including 40 pediatric beneficiaries, by providing essential healthcare services and promoting preventive health awareness within the community.



Yein Udaan, a grassroots NGO, provides safe learning spaces and holistic development opportunities for marginalized and low-income children, making this medical camp a meaningful step toward improving community health and well-being.

The camp provided essential healthcare services such as BP, CBG screening, general health check-ups, pediatric consultations, and dental oral screening.

The initiative focused on promoting preventive healthcare and facilitating the early detection of health concerns.

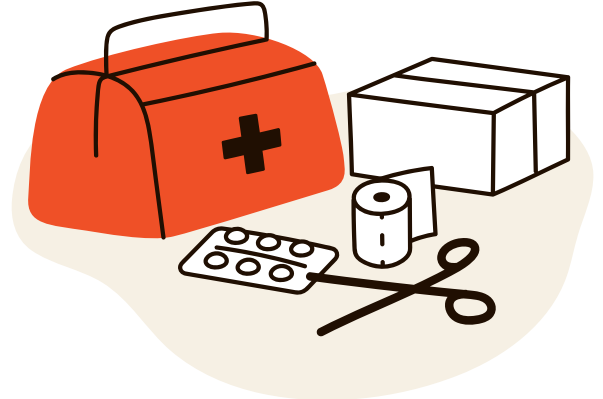
Total of

80

People Benefitted



FREE MEDICAL CAMP



The Rotary Club of Madras, in collaboration with Sundaram Medical Foundation, organized a Free Medical Camp on Thursday 25th June, 2026, at His/Her Place, T. Nagar, Chennai, from 3:00 PM to 6:00PM.



The camp provided essential healthcare services including BP, CBG, and general health screening. The medical team addressed common health concerns such as diabetes, anemia, body pain, and seasonal ailments, while also emphasizing the importance of routine health check-ups and preventive care.

Total of
95

People Benefitted

Total of
Rs.4,800

Worth of free medicines distributed

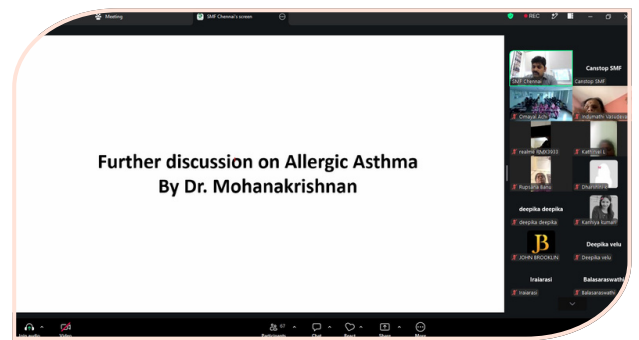
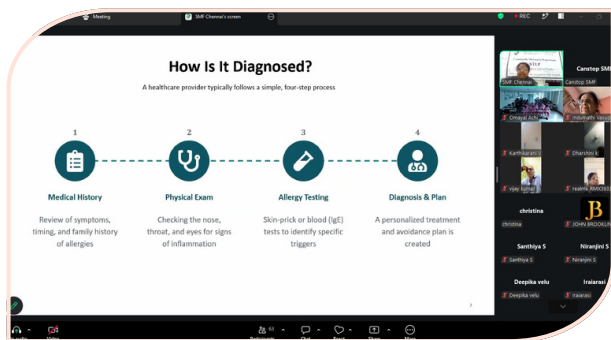
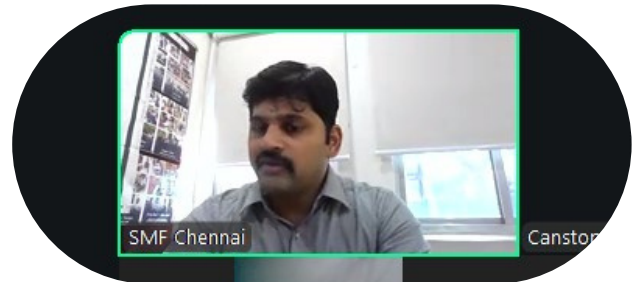
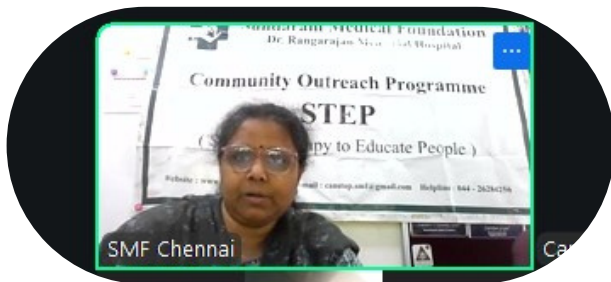
This medical camp is being supported by
Sundaram Finance Limited





SUPPORT THERAPY TO EDUCATE PEOPLE

On 27 June 2026, an awareness session on "Allergies & Respiratory Disease" featured expert talks by Dr. Padmapriya, Consultant ENT, SMF, and Dr. Mohana Krishnan, Consultant Pulmonologist, SMF. The session covered prevention, symptoms, diagnosis, and management, encouraging early treatment and healthy lifestyle practices. A total of 80 participants attended.



PLASTIC WASTE MANAGEMENT



The Tamil Nadu Pollution Control Board (TNPCB) launched an initiative to educate students about the environmental impact of plastic. In support of this initiative, Sundaram Medical Foundation's Community Service Department, in partnership with Bisleri's CSR initiative, implemented the Plastic Zero Waste Management Program. As part of this campaign, 69 kg of plastic waste was collected and recycled in June 2026 with the support of SMF staff, marking a promising start to the initiative.



YOGA SESSION



Regular yoga classes were organised for Grades 6 to 9 at Adi Dravidar Tribal Welfare School (SAP School) as part of a wellness drive. CANSTOP volunteer Mrs. Selvam led the sessions, held every Tuesday. The initiative promoted a balanced lifestyle, boosting students' focus, self-control, and mental clarity, and contributed to their overall development.

INTERNATIONAL YOGA DAY

The SMF Community Service Department commemorated International Yoga Day on June 23rd 2026, at SAP School, with the enthusiastic participation of 150 students. The yoga session was led by esteemed instructors Mrs. Thilaga Premkumar from Art of Living.



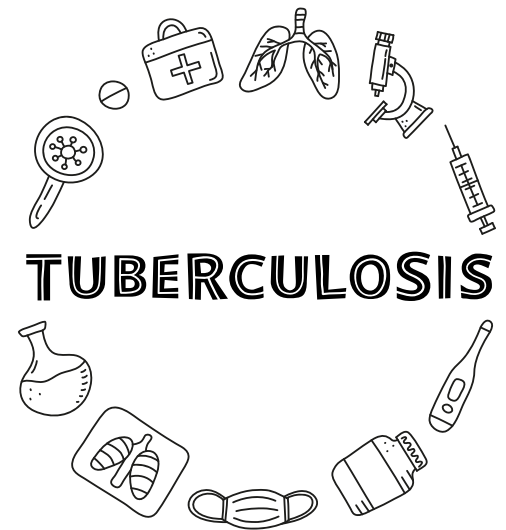
The event began with a talk by Ms. Selvam, a dedicated CANSTOP volunteer, who emphasized the importance of physical and mental well-being. As a thoughtful gesture, a small gift was distributed to all participating students.

Through this celebration, SMF promoted wellness, unity, and a strong sense of community among the students. The event concluded on a positive note, thanks to the combined efforts of the instructors, volunteers, and social workers.



REACH FOUNDATION

In the month of June 2026,
21 beneficiaries have utilized the
Tuberculosis Intervention Services.



TUBERCULOSIS

FIRST AID TRAINING PROGRAM

First Aid Training Program organized on Thursday, 25th June, for the employees of Crown Technologies, Sriperumbudur.



The session was conducted by Dr. Priyadharshini (Emergency Department) and Mr. Jeeva (Paramedic), who provided hands-on training in essential first aid skills and emergency response.

The program also included a Basic Life Support (BLS) session, where participants learned CPR, management of choking, and the initial steps to respond effectively during medical emergencies. The interactive training enhanced participants' confidence and preparedness to handle workplace emergencies until professional medical assistance arrives.



NUTRITION PROJECT



CAN-STOP visits the Institute of Obstetrics and Gynecology, the Government Hospital for Women (IOG), and the Institute of Child Health and Hospital (ICH) regularly to boost their nutrition and provide regular counseling for the patients .

- **Tender Coconut Worth of Rs 40,320/- were distributed in the month of June, Totally 576 People Benefited**
- **Pediasure Worth of Rs 8,825/- were distributed in the month of June, Totally 320 People Benefitted.**



ART & PLAY THERAPY

Regular sessions of Art and Play therapy were conducted for pediatric cancer patients and their families at the Institute of Child Health.

These sessions included a variety of art and craft activities, along with enjoyable games, designed to engage and entertain patients during their stay in the hematology ward.

The aim was to promote active involvement and provide a supportive environment, helping to alleviate stress and enhance the overall experience for both the children and their families.



CANNEST HOME



In the month of June 2026, a total of 290 families stayed at Can-Nest Home, where the children in the home were engaged through various activities and games with the help of volunteers and social workers .



DRUG BANK

June 2026, emergency vaccine support amounting to ₹3,425 was provided to Master Kannan, a pediatric cancer patient at ICH.



HOPE CHEST

Things that are available at
HOPE CHEST

Sarees,	Toys,
Bedsheets,	Books,
Nighties,	Pillows,
Petticoats,	Tiffen Boxes,
Sandals,	Kettles,
Slippers,	Flasks,
Towels,	Water bottles,
Toiletries,	Kitchen utensils & appliances



CANSTOP's Hope Chest initiative provides essential supplies to cancer patients and their caregivers at IOG and ICH, helping them manage their daily needs with greater ease and comfort. In June 2026, a total of 5 families benefited from this support.

Join us and make your contributions to the cancer patients at Govt. Hospitals.



SPONSOR DETAIL

S.No	Sponsors	Project	Amount
1	Mrs Vijaya Mahendran	CANNEST	1,000
2	Dayachand Malhotra	CANNEST	20,000
3	R Padmini	CANNEST	1,00,000
	TOTAL		1,21,000/-

IN-KIND SPONSORS

IN - KIND SPONSORS			
S.NO	SPONSORS	PARTICULARS	WORTH IN RUPEES
1	Ms Darshana	Oil 20 ltr, Moongdal 10kg, Sambar dal 10kg, Rawrice 25kg, White urad gram 10kg, Idly rice 25kg	9000
2	Century Flour Mill	Rava - 25 kg, Wheat Flour - 25kg	6925
3	Mr TK Srinivasan	Vegetables	4000
4	Chennai food Bank	Boiled rice 70kg & Provision	3500
5	Ms Selvam	Garlic - 2Kg	600
Total			24,025/-



VOLUNTEER CONTRIBUTION

The CANSTOP Team extends heartfelt gratitude to our devoted volunteers. Your unwavering commitment, resolute spirit, and uplifting energy have been the driving force behind the success of our initiatives.

**Volunteers - Ms Selvam, Ms Vijaya Mahendran, Ms
Indumathi**

HELPLINE SERVICES

Totally 108 calls were received in the CAN-STOP Help line number

100 Calls for STEP Program

04 Calls for Counseling

04 Calls for Blood request at Government Hospital



**For more information
contact us through:**

044-26284256 /9941007688

**For your kind contribution:
CAN-STOP is eligible for 50% Tax
Exemptions under Section 80G of
Income Tax Act. Cheques can be
drawn in favour of CAN-STOP**

